A21 HUMAN TRAFFICKING EDUCATION CURRICULUM STANDARDS-BASED ALIGNMENT

Fifth Grade Texas Essential Knowledge Skills (TEKS)

RIGHTS AND RESPONSIBILITIES

- **5.14: Injury and violence prevention and safety–interpersonal violence.** The student understands the impact of interpersonal violence and the importance of seeking guidance and help to maintain personal safety.

  The student is expected to:

  (A) identify methods available to report bullying

  (B) identify ways to advocate for self and others to prevent bullying and cyberbullying behavior

- **5.3: Mental health and wellness–social and emotional health.** The student identifies and applies strategies to develop socio-emotional health, self-regulation, and healthy relationships.

  The student is expected to:

  (A) analyze how thoughts and emotions influence behaviors

  (C) explain ways of maintaining healthy relationships and resisting negative peer influence in social groups

  (D) analyze how to identify perspectives and respectful ways to communicate disagreement with friends, family, teachers, and others

  (F) describe ways to engage in and promote positive interactions when conflict arises

- **5.5: Mental health and wellness–risk and protective factors.** The student recognizes the influence of various factors on mental health and wellness.

  The student is expected to:

  (A) identify factors such as school climate and safety measures that affect an individual's physical, emotional, and social health

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CHARACTER DEVELOPMENT

- **5.14: Injury and violence prevention and safety–interpersonal violence.** The student understands the impact of interpersonal violence and the importance of seeking guidance and help to maintain personal safety.

  The student is expected to:

  (A) identify methods available to report bullying

  (B) identify ways to advocate for self and others to prevent bullying and cyberbullying behavior

- **5.3: Mental health and wellness–social and emotional health.** The student identifies and applies strategies to develop socio-emotional health, self-regulation, and healthy relationships.

  The student is expected to:

  (A) analyze how thoughts and emotions influence behaviors

  (B) practice and apply strategies for calming and self-management

  (C) explain ways of maintaining healthy relationships and resisting negative peer influence in social groups

  (F) describe ways to engage in and promote positive interactions when conflict arises

- **5.4: Mental health and wellness–developing a healthy self-concept.** The student develops the capacity for self-assessment and evaluation, goal setting, and decision making in order to develop a healthy self-concept.

  The student is expected to:

  (A) identify strategies to help build self-esteem for self, friends, and others

- **5.6: Mental health and wellness–identifying and managing mental health and wellness concerns.** The student develops and uses appropriate skills to identify and manage conditions related to mental health and wellness.

  The student is expected to:

  (F) discuss healthy alternatives to harming oneself, others, or property and the importance of telling a parent or another trusted adult when someone is struggling to cope with uncomfortable emotions or lacks support

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- **5.21: Reproductive and sexual health–personal safety, limits, and boundaries.** The student understands how to set and respect personal boundaries to reduce the risk of sexual abuse and harassment.

  The student is expected to:

  (B) identify ways of reporting suspected sexual abuse involving self or others such as telling a parent or another trusted adult

  (C) identify refusal skills such as saying "no" to any unwanted touch that violates personal boundaries in relationships

  (D) discuss and explain the importance of making decisions regarding setting personal boundaries and respecting the boundaries of others

RELATIONSHIP BOUNDARIES

- **5.3: Mental health and wellness–social and emotional health.** The student identifies and applies strategies to develop socio-emotional health, self-regulation, and healthy relationships.

  The student is expected to:

  (C) explain ways of maintaining healthy relationships and resisting negative peer influence in social groups

  (D) analyze how to identify perspectives and respectful ways to communicate disagreement with friends, family, teachers, and others

  (F) describe ways to engage in and promote positive interactions when conflict arises

- **5.6: Mental health and wellness–identifying and managing mental health and wellness concerns.** The student develops and uses appropriate skills to identify and manage conditions related to mental health and wellness.

  The student is expected to:

  (F) discuss healthy alternatives to harming oneself, others, or property and the importance of telling a parent or another trusted adult when someone is struggling to cope with uncomfortable emotions or lacks support

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- **5.14: Injury and violence prevention and safety–interpersonal violence.** The student understands the impact of interpersonal violence and the importance of seeking guidance and help to maintain personal safety.

  The student is expected to:

  (A) identify methods available to report bullying

  (B) identify ways to advocate for self and others to prevent bullying and cyberbullying behavior

- **5.20: Reproductive and sexual health–healthy relationships.** The student understands the characteristics of healthy romantic relationships. The student is expected to identify characteristics of healthy dating or romantic relationships and marriage, including sharing, kindness, honesty, respect, trust, patience, communication, and compatibility.

- **5.21: Reproductive and sexual health–personal safety, limits, and boundaries.** The student understands how to set and respect personal boundaries to reduce the risk of sexual abuse and harrassment.

  The student is expected to:

  (B) identify ways of reporting suspected sexual abuse involving self or others such as telling a parent or another trusted adult

  (C) identify refusal skills such as saying "no" to any unwanted touch that violates personal boundaries in relationships

  (D) discuss and explain the importance of making decisions regarding setting personal boundaries and respecting the boundaries of others

DIGITAL SAFETY

- **5.13: Injury and violence prevention and safety–digital citizenship and media.** The student understands how to be a safe and responsible citizen in digital and online environments.

  The student is expected to:

  (A) distinguish between appropriate and inappropriate boundaries for digital and online communication and research

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(B) explain the benefits of identity protection in digital and online environments

(C) analyze the consequences of cyberbullying and inappropriate digital and online communication in relation to home, school, and community environments

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