For Ukrainians traveling to or present in other countries, see the websites below for more information about asylum procedures and where to go for help:

- **CZECH REPUBLIC**
  - help.unhcr.org/czech

- **POLAND**
  - help.unhcr.org/poland

- **HUNGARY**
  - help.unhcr.org/hungary

- **ROMANIA**
  - help.unhcr.org/romania

- **MOLDOVA**
  - dopomoga.life

- **SLOVAKIA**
  - help.unhcr.org/slovakia

- **ALL OTHER COUNTRIES**
  - help.unhcr.org

**EUROPEAN EMERGENCY LINE**

112

For more information and resources, visit:

A21.ORG/REFUGEES

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**SAFETY TIPS**

Refugees and other forcibly displaced persons, separated from family due to conflict and disconnect from support services can be more vulnerable to human trafficking and exploitation.

Here are some safety tips for those who cross the border to escape the war in Ukraine:

1. **Stay alert.** (As focused as possible) while you are travelling.
2. **Try to stay in a group,** especially if you are a single woman or a mother with a child.
3. **Do not accept help if something is expected of you in return.**
4. **Where possible, bus or train transportation is the safest option.**
5. **Do not give anyone your documents or pass them over to anyone except authorized persons (i.e., police, border and customs control authorities, etc.).**

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**IDENTIFYING RISK DURING A HUMANITARIAN CRISIS**

**SAFETY TIPS**

**HUMAN TRAFFICKING INDICATORS**

**EMERGENCY NUMBERS**

For help, you can call 112, the emergency number in any European country. For more information about asylum procedures and where to go for help, see the websites below for more information about asylum procedures and where to go for help.

- **Czech Republic**
  - help.unhcr.org/czech

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RESOURCES FOR REFUGEES TRAVELLING IN EUROPE

For more information and resources, visit: A21.ORG/REFUGEE

KEY

- Ukrainian Embassy Locations
- Major Airports
- Major Train Stations
- Medicines
- Medical Supplies
- Shelter Supplies
- Various Equipment
- Vehicles
- A21 Office
- More information and services for Ukrainians from UNHCR: