

Christine Caine

Life & Leadership
PODCAST



Episode 67 | How to Stay Grounded When Life Feels Overwhelming

WITH DAWNCHERE WILKERSON

SHOW NOTES

In this episode, host Christine Caine sits down with speaker, singer, songwriter, author and pastor DawnCheré Wilkerson for an inspiring conversation about faith, leadership, and navigating life's transitions. DawnCheré opens up about the challenges of raising four kids, leading a church, and staying grounded in her calling. She shares how trusting God's timing, embracing the "slow burn," and saying "yes" to small acts of obedience have shaped her journey. This episode will encourage you to trust God's process and live with confidence in His plan.

FINDING YOUR IDENTITY IN GOD'S TIMING

DawnCheré discusses how trusting God's pace has helped her overcome the pressure to perform and allowed her to stay true to her calling..

BALANCING LEADERSHIP & MOTHERHOOD

DawnCheré opens up about the challenges of raising four young kids while leading a growing church—and how she's learned to discern when to say yes and when to rest.

THE POWER OF SMALL YESES

She shares how saying yes to small, everyday acts of obedience has opened the door to God's greater purpose in her life.

GENERATIONAL BLESSINGS & LEGACY

DawnCheré reflects on how her faith is shaped by her family's legacy and why passing down a strong spiritual foundation to her children is a priority.

Christine Caine

Life & Leadership
PODCAST



Episode 67 | How to Stay Grounded When Life Feels Overwhelming

WITH DAWNCHERÉ WILKERSON

WHY THE SLOW BURN MATTERS

She emphasizes the importance of trusting God's process and why the most fruitful seasons often come after years of patient faithfulness.

DISCUSSION QUESTIONS

QUESTION 1:

DawnCheré talked about finding peace in God's timing. How can you trust God's process in your current season?

QUESTION 2:

What small "yes" can you give to God today that might lead to a bigger breakthrough tomorrow?

QUESTION 3:

What does leading with faith look like in your daily life—whether at home, work, or in ministry?

QUESTION 4:

DawnCheré shared how generational blessings have shaped her faith. How have your family's experiences influenced your spiritual journey?

QUESTION 5:

What does "living in the slow burn" look like for you? How can you embrace faith and patience while waiting on God's timing?

Christine Caine

Life & Leadership
PODCAST



Episode 67 | How to Stay Grounded When Life Feels Overwhelming

WITH DAWNCHERE WILKERSON

PRAYER PROMPT

Lord, thank You for reminding us that Your timing is perfect. Help us to trust the process, even when it feels slow or uncertain. Teach us to balance faith, family, and calling with wisdom and grace. May we have the courage to say yes to the small moments of obedience and the patience to wait for Your greater purpose to unfold. In Jesus' name, Amen.